MEALS on WHEELS
WAKE COUNTY



2025—2026 Fiscal Year Impact Report

Dear Meals on Wheels family,

Annual Reports are celebrations of the accomplishments of the last year and demonstration through numbers of our success. You will see these reflected throughout this Annual Report.

HERE ARE A FEW EXAMPLES:

- We have ensured that no senior waits longer than 30 days to start our home delivered meals program and there is no wait to attend and participate in one of 10 Friendship Cafes.
- With the help of a one-time grant we added weekend meals for almost 200 clients. We also received an extraordinary estate gift that allowed us to maintain a balanced budget.
- Our volunteer systems were bolstered with new recruitment, orientation, and support strategies. In addition, we launched our Volunteer Advisory Council and Speaker Bureau.

These are just a few of the "new" expansions and advancements. These exist alongside what we do every day to serve seniors in Wake County. All are a cause for celebration.

However, I'd like to talk about our aspirations, not rest on our laurels and accomplishments. We are at an important inflection point at the 250-year history of our country with many communities feeling alienated or having lost hope that it will get better.

I am more sanguine for one simple reason – the more than 1,250 people of all faiths, ages, politics, and backgrounds that come together every year to serve and reduce isolation for our elderly homebound neighbors. Aging is the great equalizer – both in need and service – if we are lucky enough to experience it.

Here at Wake MOW, our aspirations are to serve deeper and wider. As "aspire" indicates, these will not be easy goals to reach, but we believe they are necessary. These include:

- **Weekend Meals** for those who need it. Two-thirds of our clients say we are their primary source of nutrition and we see how many of their cupboards and refrigerators are bare. We need to increase private philanthropy to meet this goal.
- **Raise awareness that Wake County has the second fastest growing senior population in the country.** Governments must not forget their aging constituents – we have a strong case and want to build significant support for senior nutrition in state, county and local budgets – our home-delivered meals program cannot grow to meet the population boom without it.
- **Expansion of Volunteerism and Community Engagement**. Almost 20% of our operational costs are covered by volunteers who donate their time, vehicles, and gas each year to help us get meals delivered. The personal care they provide is priceless. Skilled volunteer tasks beyond delivery are paramount to our expansion of service beyond meals.
- **Expansion of More Than a Meal programming** like our Pet Food Support Program, Farmers Market Vouchers, AC & Fan program – clients need items for hygiene, home safety and additional nutrition support.

Aspirations and goals are never guaranteed, which is why they take constant work and commitment – but we know, with your help and advocacy, we can do this. For everyor every $1 we invest in keeping seniors in their homes and part of their communities, $9 in expensive institutional care is saved - all while preserving dignity as we age.$1 we invest in keeping seniors in their homes and part of their communities, we save $9 in expensive institutional care, while demonstrating our commitment to dignity while we age. Only 1% of all philanthropic dollars nationally go to support aging. Let's not let that be the case in Wake County.



With appreciation,



Ashley McCumber
Executive Director



Values

MISSION

Meals on Wheels Wake County nourishes, enriches and strengthens the lives of older adults through daily meal delivery and human connections.

01
Provide seniors with a daily, nutritious hot meal that will improve health and diet

02
Provide a daily check-up and visit that makes seniors feel safer in their homes

03
Give seniors the opportunity to continue living independently, with dignity, in their own home

2026 BOARD OF DIRECTORS

"Everyone deserves a hot meal, companionship, and the chance to remain in their home as they age. In this work, I get to see the difference that makes in seniors' lives. With Wake County's senior population projected to roughly double by 2041, investing in Meals on Wheels locally isn't just compassionate, it's essential."
–DALE NEAL, BOARD PRESIDENT



DALE NEAL
Board President
City of Raleigh



ANITA BAILEY
Chemist



MOLLY MACHAMER
Bayer



JOSE BELLIDO
President-Elect
Enact



CAREY BARNES
Entrepreneur & Community Volunteer



MARYANNE MCADAMS
Community Volunteer



AMANDA SHERIN
Secretary
Poyner Spruill



ROSA GILL
NC General Assembly



LASONIA PACKENHAM
Cisco



AMY S. HILFIKER
CPA-Treasurer
EisnerAmper



MICHELE GRANER
JLL



MATT ROBINSON
Atlantic Union Bank



RACHEL FINDLEY
Past-President
NC Department of Public Instruction



CAMILLE GRANT VALENTINE
Duke Health



JUNE SADOWSKI
North State Bank



MICHAEL ALTMAN
Meredith College



ALLISON JORDAN
Trademark Properties



PASTOR CHARLES R. TYNER, SR.
White Oak Foundation



SIDD ANEJA
Smith Anderson



SID JONES
Community Volunteer



LIANA WEITZ
Pruitt Health

MEALS ON WHEELS OF WAKE COUNTY STAFF

ASHLEY C. MCCUMBER
Executive Director

SHARON LAWSON
Director of Program Services

SARA WALKER
Director of Development and Communications

BETH LOWERY
Director of Finance and Administration

JILL STRAIGHT
Director of Volunteer and Community Engagement

AMY AKROYD
Assistant Director of Development and Communications

MORGAN ARNOLD
Assistant Director of Program Services, Client Services

KELEE HARDING
Assistant Director of Program Services, Friendship Cafe

HEYI XU
Assistant Director of Finance and Administration

DON STUMP
Senior Data Entry Specialist

DANIELLE WOOTEN
Outreach Specialist

MADISON LEAKE
Community Liaison

ALYSSA WILSON
Development Coordinator

VANESSA EDWARDS
Finance Coordinator

CYNTHIA CARDENAS SCHWEITZER
Office Administrator

JAZ AXELROD
Outreach Specialist

KIMBERLY SMITH
Delivered & Program Coordinator

MIKAYLA POE
Outreach Specialist

WILLIAM COLE
Driver

KENNETH DENNEY
Driver

DERMON BLYTHE
Driver

JEREMIAH ROBINSON
Driver

SITE MANAGERS

MELISSA EVERS
Meals on Wheels Main Office

LINDA ROGERS
Pine Acres Community Center

FEBBIE GORDON & CRAIG DAVINI
Garner Senior Center

DENNIS MCQUEENEY & ANN CASEY
Wake Forest Center for Active Aging

CYNTHIA SMITH & DEBRA DAVIS
East Wake Senior Center

MELANIE NEWTON
Green Pines Baptist Church

GLENN LOVE
Luther Green Community Center

SUSAN FALCO & CAMILA SCHIEL
Resurrection Lutheran Church

TARIQ HANKINS
St. Andrew's Presbyterian Church

JEANETTE COOPER & SHAQUITA JONES
United Church

EMMA SNELLING
Zebulon

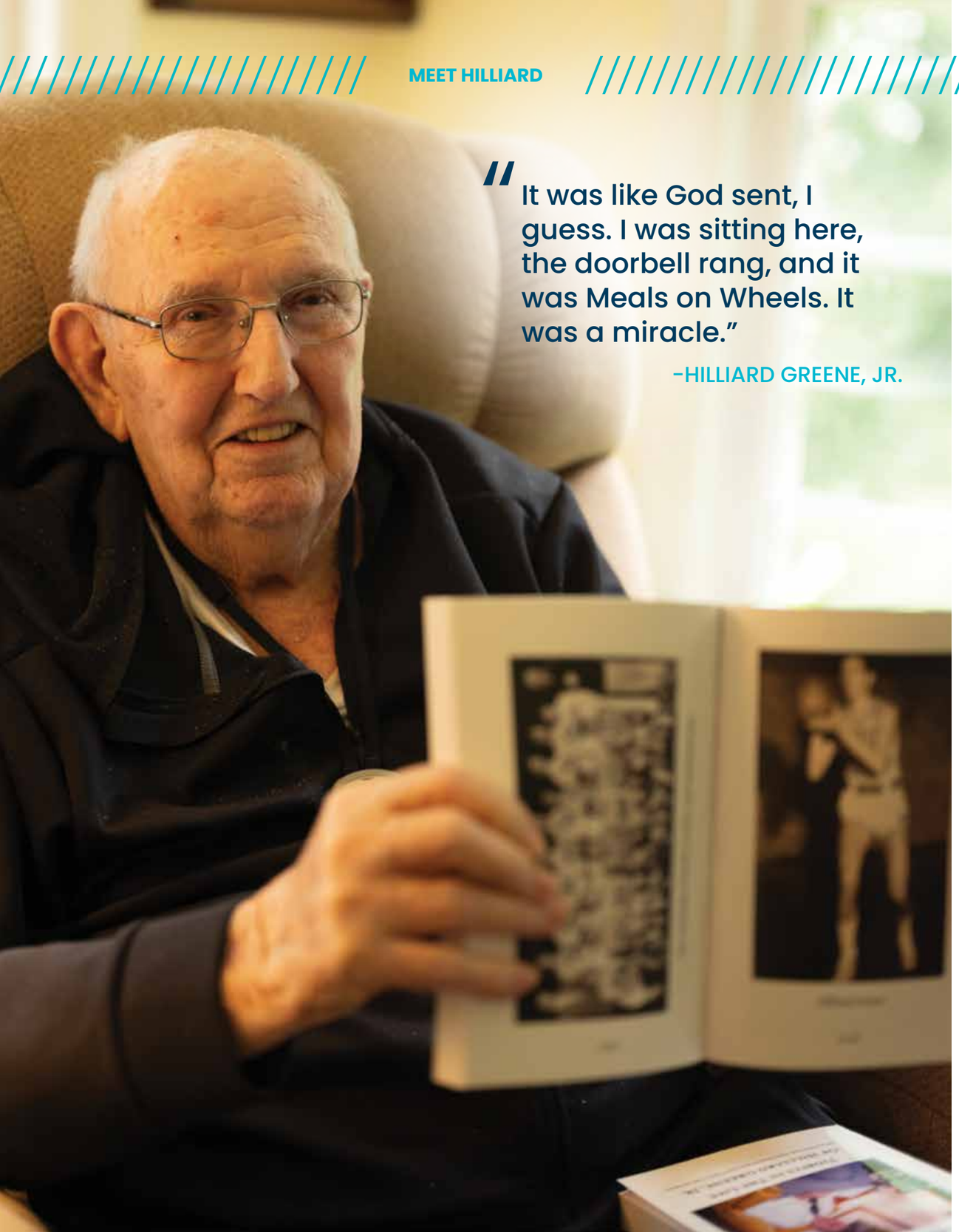
JARECA MCCLUNEY
Five Points Center for Active Adults

WILMA DUNSTON
Panther Branch Rosenwald School

ELOISE BEST
Redeeming Love Missionary Baptist Church

SHARON LOGANZO
White Oak Foundation

TIFFANY NEWTON
Capital Towers



> "It was like God sent, I guess. I was sitting here, the doorbell rang, and it was Meals on Wheels. It was a miracle."
>
> –HILLIARD GREENE, JR.

A Lifetime of Stories, a Daily Miracle at the Door.

For years, the first thing many would see when walking through the doors of the Angus Barn Steakhouse was the smiling face of Hilliard Greene Jr. His friendly energy often follows customers into the restaurant, where they may then unknowingly sit at one of the tables throughout the lounge that he handcrafted himself. But more than 65 years before he became a known staple of one of Raleigh's most beloved steakhouses, Hilliard was doing something quite different.

Hilliard spent his college days sharing the court with the 1956 UNC-Chapel Hill basketball team. An athletic, 6'4" teenager from Zebulon, Hilliard began his basketball career at Chowan University where they would often play against the freshmen at UNC. Very quickly, his talent for the ball became obvious to the UNC head coach at the time–Frank McGuire. "I averaged 27.4 points a game," Hilliard reflects proudly. "And he asked me if I wanted to go to Chapel Hill. So I said yes."

Hilliard–or "Zeb," as he became known amongst his teammates–spent a year playing alongside kids who would go on to become legends. In 1957, players like Joe Quigg and Lennie Rosenbluth would lead the team to UNC's first ever NCAA Championship title. "My only claim to fame is I helped get the '57 team into shape to win," Hilliard jokes.

But that isn't his only "claim to fame," as he puts it. Hilliard has gone on to live a long life of countless adventures and endeavors. He got into the printing business later on– "if there was a story, I put it in," he says about the News and Observer–and never stopped pursuing things that interested him. Singing, woodworking, studying genealogy–nothing was off-limits for his curiosity.

For someone as active as Hilliard, aging has come with its own set of challenges. "Just getting around is tough," he admits. Though preparing his own food was growing increasingly difficult, he did not seek out Meals on Wheels–rather, Meals on Wheels seemingly found him. "It was like God sent, I guess," he says. "I was sitting here, the doorbell rang, and it was Meals on Wheels. It was a miracle."

Since then, Hilliard has gladly received the daily deliveries, and is not only grateful for the food, but for the volunteers who come to check in and provide company. "It is such a valuable program," he says. "It's so simple."

For Hilliard, his long life is something worth treasuring–most of which he has detailed in his self-published memoir, aptly titled "97 Years & Counting! Tidbits in the Life of Hilliard Greene Jr.". Meals on Wheels has become another meaningful part of Hilliard's story, bringing nourishing meals to his door, but also connection and companionship.

For seniors like Hilliard, Meals on Wheels offers something invaluable: the ability to keep living independently in the home they know, rather than facing a premature move into a nursing facility or a family member's house simply because daily tasks like cooking have become difficult. A hot meal and a friendly visit may seem simple, but for so many older adults across Wake County, it's what allows them to remain independent and rooted in the place they call home.

OUR 2025-2026 IMPACT

MORE THAN A MEAL

MEALS SERVED
TOTAL
379,472

46,310 Congregate

333,162 Home Delivery

FROZEN MEALS
82,421 MEALS SERVED

762 DISTINCT CLIENTS

BREAKFAST BAGS DELIVERED
8,088

DISTINCT CLIENTS SERVED
TOTAL
3,143

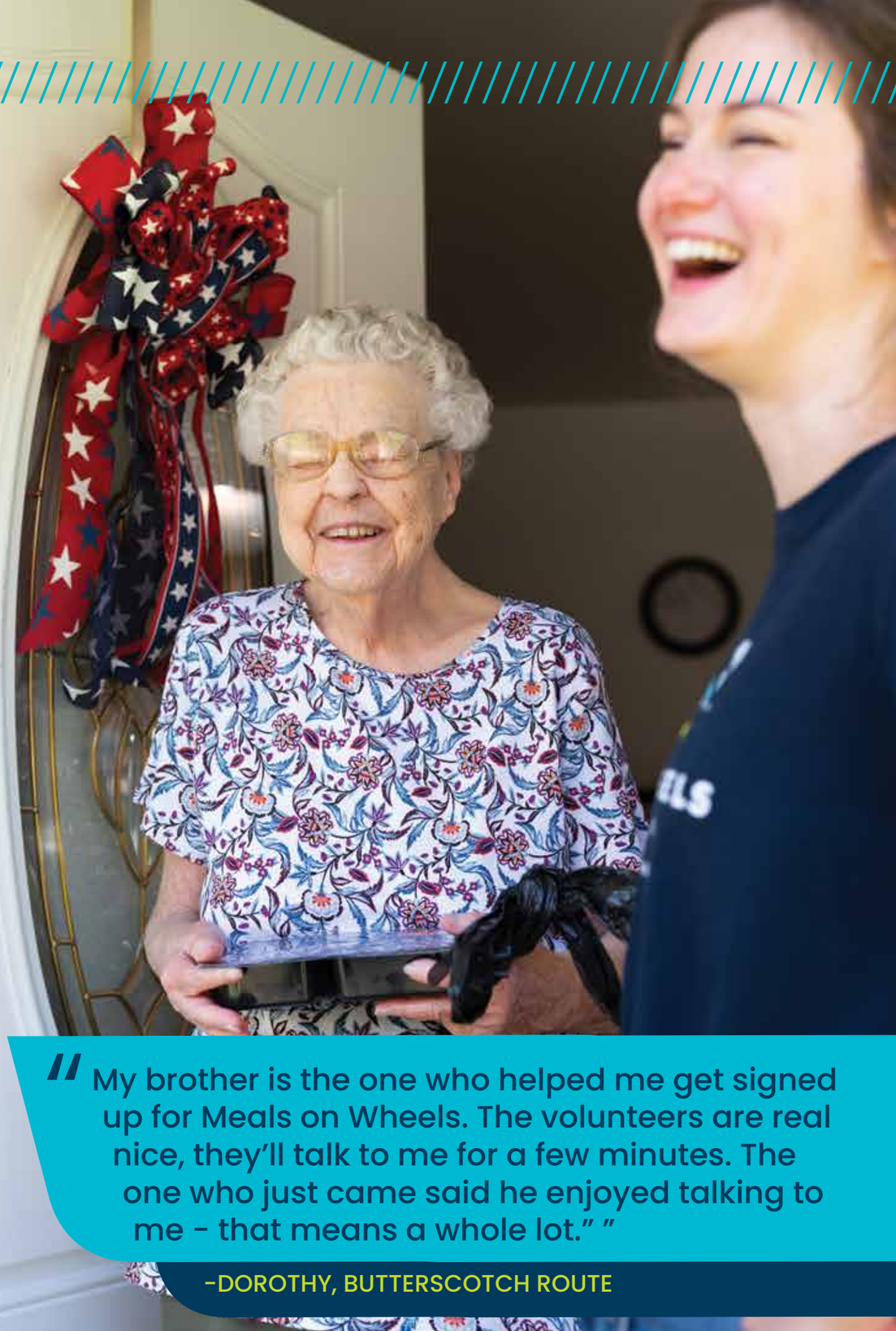
652 Friendship Cafe

2491 Home Delivery Meals

WEEKEND MEALS
7,992

WAKEMED HOSPITAL TO HOME MEALS
5,295

CLIENTS WITH PETS
507



> "My brother is the one who helped me get signed up for Meals on Wheels. The volunteers are real nice, they'll talk to me for a few minutes. The one who just came said he enjoyed talking to me - that means a whole lot." "

-DOROTHY, BUTTERSCOTCH ROUTE

WHERE WE SERVE

HOME DELIVERY ONLY

Meals on Wheels Main Office
1001 Blair Drive, Suite 100, Raleigh, NC 27603

United Church
816 E. Williams Street, Apex, NC 27502

Green Pines Baptist Church
1498 Hodge Road, Knightdale, NC 27545

Resurrection Lutheran Church
100 Lochmere Drive West, Cary, NC 27518

St. Andrew's Presbyterian Church
7506 Falls of Neuse Rd, Raleigh, NC 27615

Zebulon
114 W. Sycamore St., Zebulon, NC 27597

HOME DELIVERY AND FRIENDSHIP CAFE

Pine Acres Community Center
402 McLean Street, Fuquay-Varina, NC 27526

Garner Senior Center
205 E. Garner Road, Garner, NC 27529

Wake Forest Center for Active Aging
235 E Holding Ave, Wake Forest, NC 27587

East Wake Senior Center
323 Lake Drive, Wendell, NC 27591

Luther Green Community Center
922 N. Church Street, Morrisville, NC 27560

FRIENDSHIP CAFE ONLY

Five Points Center for Active Adults
2000 Noble Road, Raleigh, NC 27608

Panther Branch Rosenwald School
9109 Sauls Road, Raleigh, NC 27603

Redeeming Love Missionary Baptist Church
3425 Rock Quarry Road, Raleigh, NC 27610

White Oak Foundation
1624 White Oak Church Road, Apex, NC 27523

Capital Towers
4808 Six Forks Road, Bldg 2, Raleigh, NC 27609

Wake Forest
North Raleigh
Capital Towers
Morrisville
Zebulon
White Oak
Cary
Five Points
Blair Drive
Knightdale
Redeeming Love
Wendell
Apex
Garner
Rosenwald
Pine Acres

Friendship Cafes

Home Delivered Meal Sites



"I meet people, and it's so much fun to talk to them because I don't get out. I love it."

–AILEEN







HOME DELIVERY IMPACT

	Average Clients Served/Day	# of Distinct Clients Served		Average Clients Served/Day	# of Distinct Clients Served
Apex	45	79	Morrisville	38	68
Blair Drive	400	696	N. Raleigh	228	414
Cary	65	133	Pine Acres	71	141
Frozen	102	522	Wake Forest	51	119
Garner	64	126	Wendell	17	32
Knightdale	51	91	Zebulon	35	70

CAFE IMPACT

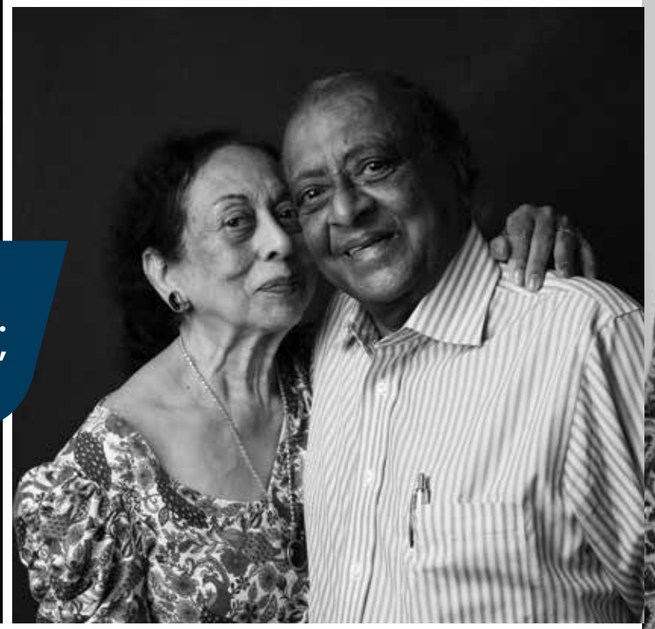
	Average Meals Served/Day	# of Distinct Clients Served		Average Meals Served/Day	# of Distinct Clients Served
Capital Towers	28	48	Redeeming Love	5	32
Five Points	41	136	Rosenwald	12	33
Garner	36	152	Wake Forest	16	88
Morrisville	5	19	Wendell	23	73
Pine Acres	12	30	White Oak	12	43

~1,400 Meals Served Per Day

OUR COMMUNITY







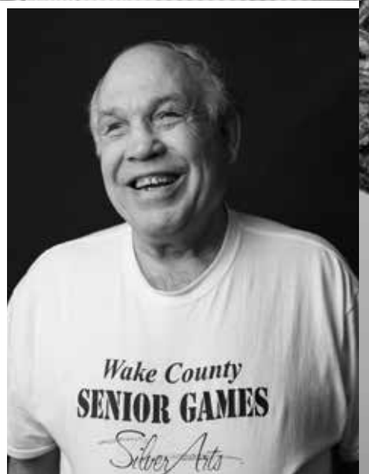


"I've made such good friends. There's a real closeness."

-DIANE, FRIENDSHIP CAFE CLIENT







WHAT CLIENT'S SAY

97% of clients say Meals on Wheels delivery has allowed them to continue living at home.

97% of clients feel more secure at home knowing they will have regular visits from MOW staff or volunteers.

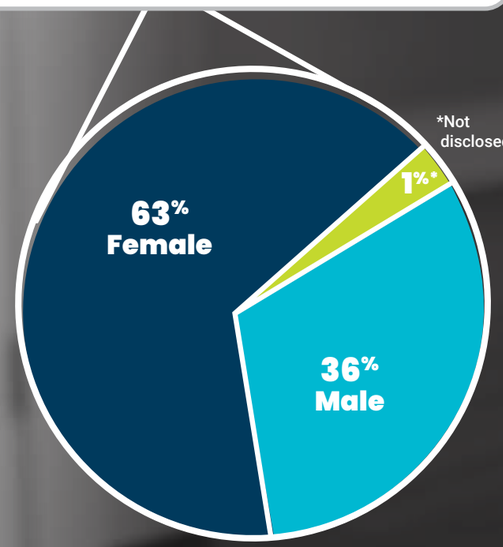
95% of clients feel more secure knowing that MOW will contact them and their emergency contact to check on their wellbeing if they miss a delivery.

97% of clients say MOW meal delivery helps them feel better due to regular, nutritious meals.

42% of clients report that their overall health has improved since receiving meals from MOW.

CLIENT DIVERSITY

48% African American	3% Asian
43% Caucasian	1% Hispanic
4% Not disclosed	1% Native American





> "I always enjoy seeing the smiles."
>
> -VOLUNTEER





THE HEART BEHIND EVERY DELIVERY.

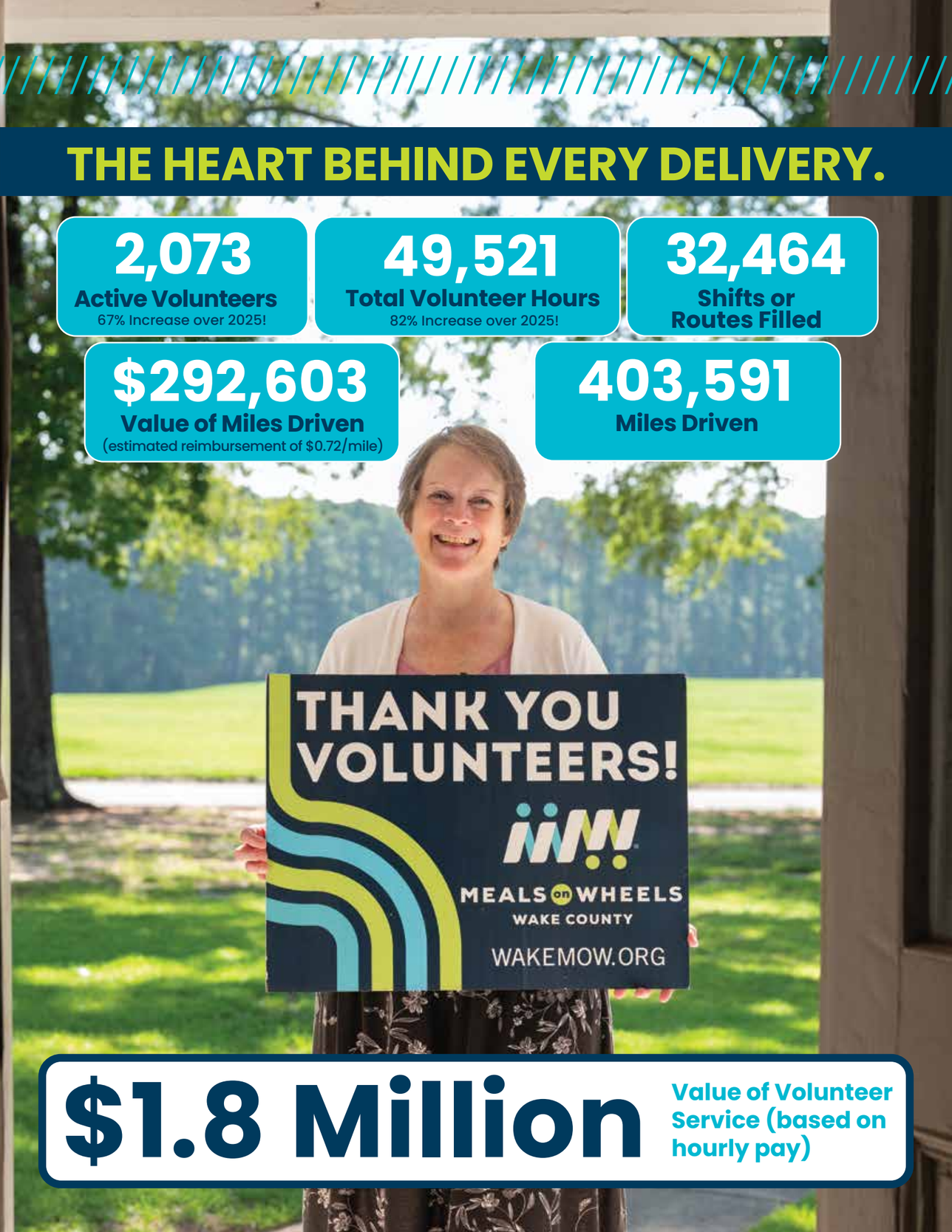
2,073
Active Volunteers
67% Increase over 2025!

49,521
Total Volunteer Hours
82% Increase over 2025!

32,464
Shifts or Routes Filled

$292,603
Value of Miles Driven
(estimated reimbursement of $0.72/mile)

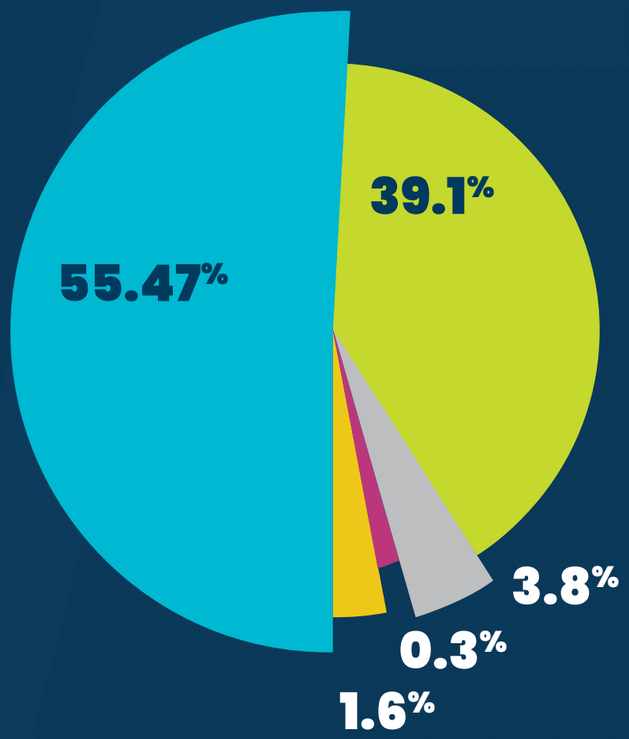
403,591
Miles Driven



$1.8 Million
Value of Volunteer Service (based on hourly pay)

STEWARDS OF YOUR SUPPORT

FUNDING



Total Development/Fundraising:
$3,062,565 (55.47%)

Total Federal Income:
$2,162,747 (39.1%)

Total County & City Income:
$209,067 (3.8%)

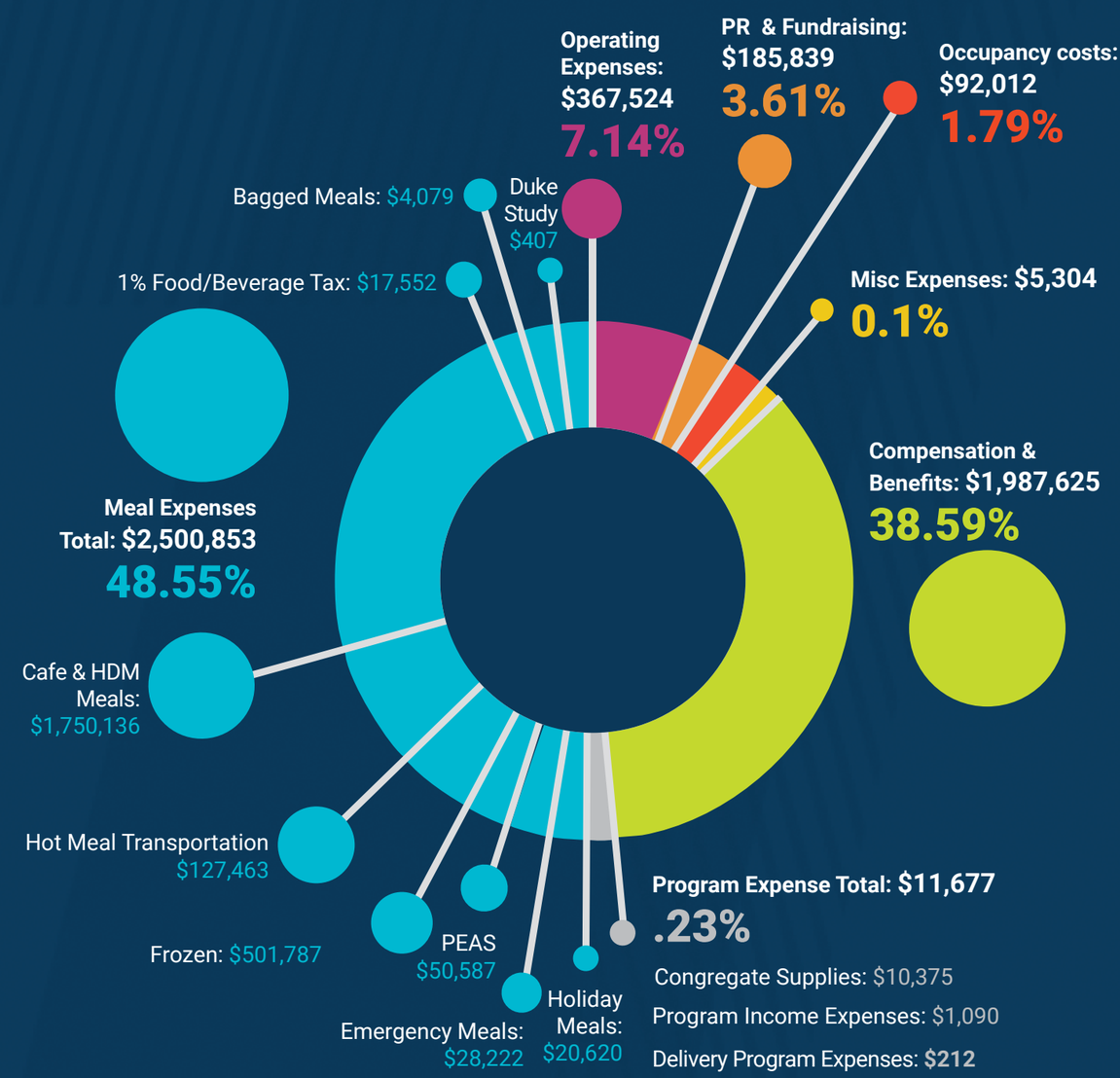
PEAS:
$88,624 (1.6%)

Meals Sales Income:
$2,130 (.03%)

Total Income

$5,525,133

EXPENSES



DONOR STATS:

5,049 Number of Donors

1,293 Number of New Donors

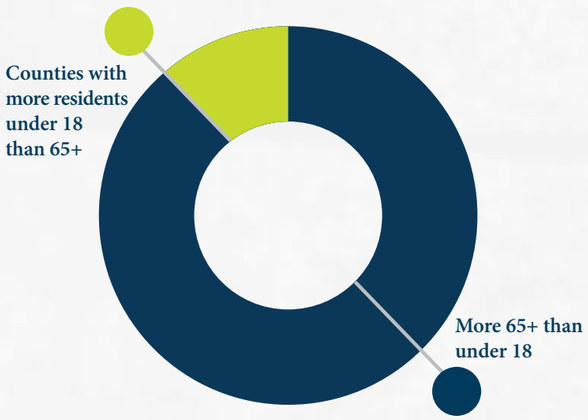
*These financial statements are unaudited and have been prepared by management for internal/informational purposes only.

Expenses Total

$5,150,834

NORTH CAROLINA'S AGING POPULATION

There are more residents aged 65+ than 18 and under in 88 of North Carolina's 100 counties [1]



Wake County is projected to have more residents 60+ than children under 18 by 2029 [4]

The Raleigh metropolitan area had the second-highest rate of senior food insecurity of any metro area in the country in 2020 [5]

Statewide, 27.7% of NC adults 65+ live alone, and living alone is a documented risk factor for both food insecurity and malnutrition [6]

81% OF NC OLDER ADULTS HAVE AT LEAST ONE CHRONIC CONDITION

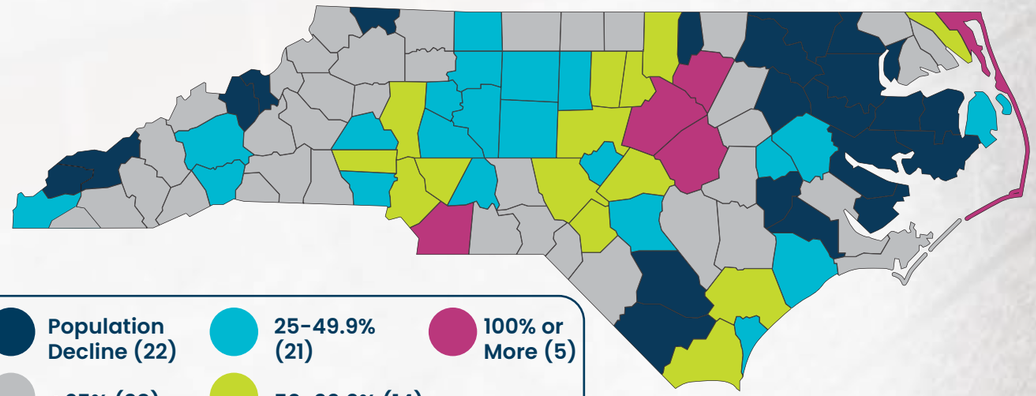
34.5% have at least one disability **54%** have two or more [2]

The poverty rate for Wake County residents 65 and older rose from **5.8% to 8.2%** over the past five-year measurement period — a faster increase than any other age group in the county [3]

NC's 65+ population is projected to grow 52%, from 1.7 to 2.7 million, over the next two decades [7]

NC had the 14th-highest rate of senior food insecurity in the U.S. in 2020 [8]

PERCENT CHANGE IN 65+ POPULATION [9]





1. Chart: Carolina Forward, Source: NCDHHS
2. NC DAAS, 2020
3. U.S. Census Bureau ACS, via USAFact
4. via ABC11, 2026
5. Feeding America, cited by Wake County Government Food Security Resources
6. NC General Assembly, "Older Adults in North Carolina: An Overview"
7. NC Division of Aging and Adult Services
8. Feeding America, cited in "State of Older Adult Food Insecurity and Malnutrition in NC"
9. NC OSBM, Population Estimations and Projections, Vintage 2021& Vintage 2022, respectively

COMMUNITY CHAMPIONS
$25,000+

Cisco
Clay Foundation East
Daughters of the British Empire
Leon Levine Foundation
Nivison Family Foundation
Searstone
Triangle Community Foundation, Inc.
Estate of Evelyn Wallace Teeter
WakeMed Foundation
Yardi Systems Inc

1974 SOCIETY
$10,000-24,999

Anonymous
Blue Cross Blue Shield of North Carolina
Capital City Civitan Club
Duke Raleigh Hospital
Estate of Harriett Davidson
Enact Foundation
First Presbyterian Church of Raleigh
Foundation for the Carolinas
Robert Majors Jr.
Meals On Wheels America
NC State Employees Combined Campaign
Patricia and Real Pomerleau
Pylon Inc. - Spectrum Companies
Robins & Morton
St. Michael's Episcopal Church
John and Virginia Sall
Jane and Steven Shedd
Charles and Jayne Wall
Carey Barnes and Ray Wheeler
Suzanne Whitmeyer
Jenny Wright

FRIENDSHIP CIRCLE
$5,000-$9,999

Michael Brooks
Cary Women's Giving Network
Crosspointe Church
Kelly Cobb
Jamie Corona
Kara Stucky and Ryan Cottrell
Dominos
Garrett Family Ever Forward Foundation
JJCJ Foundation
Temple Sloan Family Foundation
The Curtis Foundation
Joanne Fox-Ziegler
FineSmithMendelLandersBlock Fund
Linda Hunt
Long Beverage, Inc.
The Seby B. Jones Family Foundation, Inc.
Linda Leith
Leith
Relias LLC
Kevin and Mary Anne McAdams
Nancy and Ronald McFarlane
Maureen McGuire
Ann Nelson
Anita Ng
Eileen Notte
Richard Monn and Paul Pennell
Christina Rieser
St. Andrew the Apostle Catholic Church
Walter and Rita Thurman
Cecilia Tobin
Abby and Dan Walker
United Way of the Greater Triangle
White Memorial Presbyterian Church
Wyrick Robbins Yates and Ponton
Thomas Zimmerman

BLAIR DRIVE CIRCLE
$1,000-$4,999

A B Combs Elementary
Michael Abele
Mitchell Adams
Olalekan Folarin and Feyisayo Adeyina
Michael Altman
William and Mary Anderson
John Anthony
Apex Sunrise Rotary Club
Richard Argabright
Thomas and Camille Arrington
Jason and Caroline Ashburn
Paul and Jeannette Atkinson
Atlantic Union Bank
Anita Bailey
Ed and Corinna Bailey
Gail and Rolly Bannister
Vijaya Bapat
Margaret and Charles Barham
Sandra and Harry Bartlett
Bell Schaefer Family Foundation
Marcia and Frank Bennett
Richard and Nancy Blum
Eric Boehm
Kimberly and Thomas Bohlmann
David and Susan Boone
Michael Bost
Ruth Bowen
Douglas and Mary Bowman
William and Jo Ann Boyette
Carolynne and Robert Briggs
Melvin Brown
David and Patricia Burgess
Woodson and Susan Byrd
Brian Camp
Eddie Campbell
Capital Community Foundation
Larry and Kathi Carlson
Meals On Wheels North Carolina
Carolina Classic Cars
Carolina Ladies Investment Club
Cary Central Rotary Club
Cary Macgregor Rotary Foundation
Cary Presbyterian Church
Kaitlin Cavallaro
Kevin Cecil
Christ Episcopal Church
Peter and Karen Christie
Raymond Clifton
Ann Cobb
David Cochran
Joan Coley
Jennifer Collins
Patsy and Thomas Collins
Robert and Sharon Cooper
John and Linda Corcoran
Sherie Cordell
Cornerstone Advisors
Jena Costello
Crabtree Rotary Foundation
Sandra Crockett
Julia Daniels
Ashley McCumber and Craig Davini
Ed Davis
Nancy Shoemaker and Stephen Davis
Davis Building Company
Leigh Day
Edward and Gail Deak
Clyde Deaver
Kristi Deese
Jade Dell
Leland and Sarah Dingman
Stephen and Lesley Dinwiddie
William and Barbara Dix
Gregory and Susan Dobbyn
Hope and George Dodson
Charlotte and Mark Dover
Paul and Ruth Dowds
Gerald Huntington and Joan Eisemann
Seth and Haley Ellington
Susan Emmerson
Enact Mortgage
Deniz and Bulent Ender
Environmental Federation of NC
David and Elisabeth Erickson
F&M Bank
Judith Wehner and Nicholas Failing
Mark and Susan Fineman
Pamela Fishel
John and Jennifer Fisher
Robert Fisher
Fitzgerald Family Foundation, Inc.
Johnny Flowe
Lattie Floyd
FMI Corporation
Michael and Diane Fournel
Franklin Templeton Investor Services
Debra French
Diann and Christopher Fresa
Philip and Maria Fried
Renee Fulk
Fuquay Varina Woman's Club
Richard and Nancy Gaertner
Ambrosia and Jeff Garcia
Gardner Holdings LLC
Baird Garrabrant
Dollie Gaskins
Thomas and Sherry Gawarecki
Katherine and Cameron Gayle
Glen Royal Baptist Church
Joshua Goodman
M. and Sheila Goodman
Joseph and Carol Gosselin
Patricia Grace
Elizabeth Graff
Sarah Greaser
Ruby Green
Robin Gregorinci
Dorothy Gregory
Carlton and Ghislaine Griffith
Amy Guess
David and Jennifer Haase
Fred and Mary Haggard
Carolyn and George Hall
David and Corina Hansquine
Michele and Douglas Hardy
Douglas Harris
Virginia and Thomas Hartley
William Haverland
Jane Hayes
Hayes Barton Baptist Church
Hayes Barton United Methodist Church
Emmett Haywood
Robert and Sandra Hedrick
Michele and Mark Heintz
John and Dawn Henderson
Edna Hensey
Julian and Julia Hernandez
Loretta Hicks
Amy Hilfiker
Kevin and Patrice Hill
Greg and Cynthia Hinshaw
John and Mary Sue Hitch
Rebecca and David Hockenberry
Christopher and Allison Hodges
Dalton Holmes
Holy Trinity Evangelical Lutheran Church
Brian Horkey
Susan and Kenneth Horton
William Palmer and Joann Hotta
Joseph Huegy
Elissa Hughes
Marilyn Hull
Sallye Hunter
Gail and Gray Hutchison
Alan Hymowitz
Ronald and Mary Iacone
International Farming
Michael Irving
Lark and Maurice James
Lisa and Ed James
John and Thaura Jeffreys
Samuel and Barbara Jeffries
Carl and Janet Jennings
Joe Moore & Company, Inc.
Keith and Rebecca Jones
Mildred J Joyner
Lawrence Bradbury Jr.
Deborah Jurczak
Danny and Windi Kadis
Amy Mackintosh and Thomas Kagan
Brian and Pamela Keel
Donna Keiran
Penelope Kellar
Peyton Collier-Kerr and William Kerr
King Cobra Collective Corp
Kirk of Kildaire Presbyterian
Donald and Lou Kline
Doreen Klose
Lisa and Russell Koste
Jacqueline Kreuscher
Philip Lambe
Don and Susan Lane
Barbara Lang
Deborah Lantz
Travis Larkin
Thomas and Carol Laundon
Debra Leach
Mark Lefebvre
Carolyn Leith
Karen Lennon
Teri and George Lewter
Edward and Sandy Ligon
John Linderman
Stephen and Roberta Little
Steven Lloyd
Michael and Joanne Lord
Gail and Jim Lovelace
William Fox M.D.
Ronald and Marty Madsen
George and Maria Mahaney
Steve Malay
C A Martin
William and Christine Maxwell
John and Peggy McCann
Sharon McDonald
John and Lori McKenney
Helen McLeod
James and Loulie Metzger
Marie Meyer
Claire and John Miller
Herbert and Jeanne Miller
Donna Mitchell
Mosca Design Inc

Gwinn Moss
Mary Mueller
Nicole Murphy
Larry and Leslie Nance
Cynthia Nation
Carmen and Michael Nelson
Mary Norwood
Andrew Nottingham
Deedra Nunnally
Charles and Shirley O'Neil
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