



November Menu - Wake Forest

Caterer - Dough Rings & Sweet Things

Wednesday

Thursday

| 11/1 & 11/29 | 11/2 & 11/30 |
|--|---|
| Chicken Stirfry w/ Broccoli & Peppers; Corn; Rice | Smoked Turkey Sandwich w/ Lettuce & Tomato; Potato Salad; Pears |
| Special | Special |
| Veggie & Tofu Stirfry w/ Broccoli & Peppers; Corn; Rice | Portobello Melt Sandwich w/ Lettuce & Tomato; Potato Salad; Hummus |
| 11/8 | 11/9 |
| Pulled BBQ Chicken w/ Yellow Rice; Broccoli; Fruit Salad; Yeast Roll | Hamburger Soup w/ Vegetables & Noodles; Cornbread |
| Special | Special |
| BBQ Jackfruit w/ Yellow Rice; Broccoli; Fruit Salad; Yeast Roll | Black Bean Soup w/ Vegetables & Noodles; Cornbread |
| 11/15 | 11/16 |
| Fried Fish w/ Coleslaw; Pasta Salad; Baked Beans; Corn | Chicken Alfredo Bake w/ Carrots; Baked Apples; Bread |
| Special | Special |
| Fried Portobello w/ Coleslaw; Pasta Salad; Baked Beans; Corn | Impossible "Chik'n" Alfredo Bake w/ Carrots; Baked Apples; Bread |
| 11/22 | 11/23 |
| Pulled Pork Sandwich w/ Slaw; Mac & Cheese | Closed in observance of Thanksgiving |
| Special | |
| Vegetarian Sausage w/ Peppers & Onions on Bun; Coleslaw; Mac & Cheese | |

***** Items containing seafood are printed in red *****

You MUST reserve your meal in kiosk