





## **MARCH MENU - Food Runners Collaborative**

## **ALL MEALS ARE SERVED WITH 2% MILK**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/26 & 3/25	2/27 & 3/26	2/28 & 3/27	2/29 & 3/28	***3/1 & 3/29 (Closed)
Smothered Chicken w/ Rice	Beef Meatloaf w/ Brown Gravy	Smoked Sausage w/ Bun	Chicken & Dumplings Green Beans w/	Beef & Broccoli
Carrot Coins	Mashed Potatoes	Coleslaw & Mustard	Peppers	Brown Rice
Wheat Roll	Brussels Sprouts	Turnip Greens; Kidney Beans	Winter Blend Veggies	Oriental Vegetables
Fresh Fruit; Orange Juice	Texas Toast; Banana	Fresh Fruit	Banana; Grape Juice; Roll	Wheat Bread; Orange
3/4	3/5	3/6	3/7	3/8
BBQ Pork Riblet w/ Bun	Chicken Leg	Beef Chili w/ Corn Bread	Peppered Swiss Steak	Alfredo Florentine
Turnip Greens & Vinegar	Okra & Tomatoes	Corn O'Brien	Spinach; Ranch Diced Potatoes	Zucchini & Onions
Navy Beans	Field Peas; Banana	Chopped Broccoli	Apple; Cranberry Juice	Cinnamon Apples
Orange	Sourdough Bread; Apple Juice	Banana; Orange Juice	Sourdough Bread	Wheat Roll; Orange
3/11	3/12	3/13	3/14	3/15
Chicken Parmesan	Spaghetti w/ Meat Sauce (Beef)	BBQ Chicken; Texas Toast	Jambalaya w/ Kidney Beans	Hamburger w/ Bun &
Broccoli & Carrots	Peas & Pearl Onions	Mashed Potatoes	Brown Rice	Lettuce, Onion, Tomato
Barley Risotto; Orange	Zucchini Medley	Mustard Greens	Wheat Bread	O'Brien Potatoes
Pudding; Wheat Bread	Fresh Fruit; Sourdough	Orange	Banana	Green Beans; Apple
3/18	3/19	3/20	3/21	3/22
Salisbury Steak	Chicken w/ Brown Rice	BBQ Pork on Bun w/ Slaw	Beef Stew w/ Rice	Chicken Leg; Orange
Rice Pilaf; Grape Juice	Dill Carrots; Banana	Au Gratin Potatoes	Chopped Broccoli	Yams w/ Pineapple
Spinach Au Gratin	Cauliflower & Red Peppers	Green Beans	Apple Juice	Peas & Mushrooms
Orange; Wheat Roll	Cranberry Juice; Wheat Bread	Apple	Banana; Wheat Roll	Wheat Bread; Pineapple Juice

\*\*\* Items containing seafood are printed in red \*\*\*