



## August Menu - Food Runners Collaborative

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8/26</b>	<b>8/27</b>	<b>8/28</b>	<b>8/1 &amp; 8/29</b>	<b>8/2 &amp; 8/30</b>
* Last Week of month* Beef Meatloaf w/ Gravy; O'Brien Potatoes; Creamed Spinach; Dinner Roll; Orange, Grape Juice	* Last Week of month* Chicken & Broccoli Casserole; Okra & Tomatoes; Cimmanon Apples; Sourdough; Banana	* Last Week of month* Chicken Leg w/ Zucchini; Sweet Potatoes; Fresh Fruit; Wheat Roll	*First Day of month & Last Week* Smoked Beef Sausage w/ Bun, Slaw & Mustard; Brussels Sprouts; Peach Crisp	*First & Last Week* Chicken Cacciatore; Broccoli & Cheese; Lentils w/ Spinach; Cranberry Juice; Wheat Bread
<b>8/5</b>	<b>8/6</b>	<b>8/7</b>	<b>8/8</b>	<b>8/9</b>
Brunswick Stew w/ Pulled Pork & Chicken w/ Brown Rice; Broccoli & Cauliflower; Fresh Fruit; Sourdough	Chicken Parmesan w/ Parsley Noodles; Brussels Sprouts; Banana; Wheat Bread; Apple Juice	BBQ Pork Riblet w/ Bun; Mashed Potatoes; Green Beans w/ Red Peppers; Cranberry Juice; Apple	Salisbury Steak w/ Gravy & Scalloped Potatoes; Capri Vegetables; Fresh Fruit; Texas Toast	Beef & Cabbage Casserole; Green Beans; Mashed Potatoes; Corn Bread; Orange
<b>8/12</b>	<b>8/13</b>	<b>8/14</b>	<b>8/15</b>	<b>8/16</b>
Beef Lasagna Casserole; Peas & Carrots; Creamed Spinach; Orange; Wheat Bread; Grape Juice	BBQ Pork w/ Bun & Vinegar; BBQ Beans; Turnip Greens; Watermelon	Beef Pot Pie; Zucchini; Brown Rice; Dinner Roll; Orange	Jambalaya w/ Beef Sausage & Chicken w/ Vegetable Medley; Red Beans & Rice; Banana; Wheat Bread	Chicken Leg w/ Green Beans; Sweet Potatoes; Pear; Dinner Roll; Orange Juice
<b>8/19</b>	<b>8/20</b>	<b>8/21</b>	<b>8/22</b>	<b>8/23</b>
Chicken & Brown Rice; Spinach; Cauliflower w/ Red Peppers; Dinner Roll; Orange; Apple Juice	Beef & Broccoli; Ginger Carrots; Fruit Compote; Sourdough; Fortune Cookie; Orange Juice	Spaghetti w/ Ground Beef Marinara; Apple Crisp; Italian Vegetables; Garlic Bread; Fresh Fruit	Chicken Piccata w/ Zucchini & Onions; Navy Beans; Orange; Wheat Roll; Cranberry Juice	Beef Hamburger w/ Bun & Mustard; Lima Beans; Spinach; Orange; Grape Juice

**ALL MEALS ARE SERVED WITH 2% MILK**