



ALL MEALS ARE SERVED WITH 2% MILK

Monday	Tuesday	Wednesday	Thursday	Friday
8/3	8/4	8/5	8/6	8/7
Beef Stroganoff Broccoli, Glazed Carrots, Sourdough Bread, Apple *contains BEEF*	Southwest Chicken, Yellow Squash, Blackeye Peas, Wheat Roll, Fresh Fruit and/or pudding	Spaghetti w/ Meat, Italian Vegetables, Italian Bread Apple Cobbler, Orange, Cranberry Juice *contains BEEF*	Rotisserie Chicken, Broccoli w/ Cheese Sauce, Sourdough Bread, Mashed Potatoes, Banana	BBQ Pork Riblet w/ Bun, Mac & Cheese, Mustard Greens, Fresh Fruit, Grape Juice *contains PORK*
8/10	8/11	8/12	8/13	8/14
Chicken Parmesan, Capri Vegetables, Rice Pilaf, Fresh Fruit, Orange Juice, Wheat Roll	Meat Loaf, Spinach Au Gratin, Sweet Potatoes, Banana, Wheat Bread, Apple Juice *contains BEEF*	Chicken Breast w/ Orange Glaze, CA Blend Veggies, Navy Beans, Sourdough Bread Fresh Fruit	Hamburger w/Bun Brussels Sprouts Yams & Pineapple Fresh Fruit *contains BEEF*	Baked Chicken, Squash Casserole, Sourdough Bread, Broccoli & Carrots Banana
8/17	8/18	8/19	8/20	8/21
Beef Ravioli, Zucchini Medley, Peach Crisp, Orange, Wheat Bread *contains BEEF*	Chicken Pot Pie, Dill Carrot Coins, Field Peas, Sourdough Bread, Fresh Fruit	Peppered Swiss Steak Sweet Potatoes, Spinach Wheat Roll, Banana Grape Juice *contains BEEF*	BBQ Pork w/Bun Green Beans with Red Potatoes Sour Cream Fresh Fruit, Coleslaw *contains PORK*	Chicken Cacciatore, Rice Chopped Broccoli, Italian Bread, Banana
8/24	8/25	8/26	8/27	8/28
Brunswick Stew, Glazed Carrots, Rice, Apple Butterscotch Pudding Wheat Roll *contains BEEF*	Chicken Curry, Au Gratin Potatoes, Spinach, Pita Bread, Apple Juice, Orange	Beef & Broccoli, Brown Rice Cabbage & Peppers, Wheat Bread, Fresh Fruit Apple Juice *contains BEEF*	Chicken Alfredo Peas & Pearl Onions Carrot Coins Dill Wheat Roll Orange	Smoked Beef Sausage w/ Bun, Sauerkraut, Turnip, Greens, Corn O'Brien, Banana *contains BEEF*
8/31				
Beef Stroganoff Broccoli, Glazed Carrots Sourdough Bread Apple *contains BEEF*				