



April 2026

All Meals Served with 2% Milk

CALL 919-833-1749 TO CANCEL!

Meals on Wheels Wake County

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pasta & Pork Sausage, Capri Vegetables, Corn, Italian Bread, Banana Grape Juice *contains pork*	2 Peppered Swiss Steak, Dill Carrot Coins, Rice Pilaf, Wheat Roll Apple Juice, Orange *contains beef*	3 CLOSED FOR GOOD FRIDAY Raleigh Rescue Mission to deliver
6 Chicken Breast, Garlic Cream Sauce, Broccoli w/Cheese Sauce, Navy Beans, White Bread Fresh Fruit	7 BBQ Pork w/Bun Navy Beans, Broccoli & Carrots, Orange *contains pork*	8 Beef Meatloaf w/Onion Gravy, Sweet Potatoes, CA Blend Vegetables, Dinner Roll, Banana, Orange Juice *contains beef*	9 Chicken Cacciatore, Zucchini & Onions, Spinach Au Gratin, Wheat Roll, Banana	10 Beef Ravioli, Chopped Broccoli, Carrot Coins, Wheat Roll, Apple *contains beef*
13 Salisbury Steak w/Gravy Rice Pilaf, Carrot Coins Wheat Bread, Orange Grape Juice *contains beef*	14 Chicken Parmesan, Seasoned Parslied Noodles, Brussels Sprouts, Sourdough Bread, Banana	15 BBQ Pork Riblet, Mashed Potatoes, Green Beans w/ Red Peppers, Hamburger Bun, Cranberry Juice Apple *contains pork*	16 Spaghetti w/ Meat Spinach, Italian Bread, Apple Cobbler, Fresh Fruit Orange Juice *contains beef*	17 Chicken Curry, CA Blend Vegetables, Jeweled Rice, Wheat Bread, Vanilla Pudding, Orange
20 Baked Chicken, Italian Vegetables, Organic Sweet Potatoes, Wheat Roll, Fresh Fruit	21 Beef Hamburger w/ Bun, Peas & Carrots, Apple Raisin Compote, Orange *contains beef*	22 Brunswick Chicken Stew, Rice, Mustard Greens /w Vinegar, Wheat Bread, Pudding, Fresh Fruit	23 Macaroni & Cheese, Carrot Coins, Lentils w/ Spinach, Wheat Roll, Fresh Fruit, Juice Orange	24 Chicken Pot Pie, Yellow Squash, Broccoli, Texas Toast Orange, Cranberry Juice
27 Beef Stew, Peas Corn O'Brien, Sourdough Bread, Orange *contains beef*	28 Smoked Sausage w/Bun Green Bean Almandine Peach Crisp, Fresh Fruit Coleslaw	29 Pasta & Pork Sausage, Capri Vegetables, Corn, Italian Bread, Banana Grape Juice *contains pork*	30 Peppered Swiss Steak, Dill Carrot Coins, Rice Pilaf, Wheat Roll Apple Juice, Orange *contains beef*	