



APRIL MENU - Food Runners Collaborative

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| 4/1 & 4/29 | 4/2 & 4/30 | 4/3 & 5/1 | 4/4 & 5/2 | 4/5 & 5/3 |
| Whole Wheat Spaghetti w/ Ground Beef Marinara; Italian Vegetables; Wheat Bread; Fresh Fruit; Grape Juice; Apple Cobbler | Chicken & Waffles w/ Honey; Green Beans; Carrot Coins; Banana; Grape Juice | Smoked Beef Sausage & Bun; Broccoli; Kidney Beans; Mustard Packet; Apple | Chicken Leg w/ Peas & Mushrooms; Sweet Potatoes w/ Pineapple; Fresh Fruit; Cranberry Juice; Wheat Roll | Turkey Tetrazzini; Spinach Au Gratin; Sourdough Bread; Peach Crisp |
| 4/8 | 4/9 | 4/10 | 4/11 | 4/12 |
| BBQ Pork Riblet Sandwich w/ Vinegar; BBQ Beans; Turnip Greens; Fresh Fruit; Orange Juice | Sweet & Sour Chicken; Brown Rice; Oriental Vegetables; Orange; Wheat Bread; Fortune Cookie | Beef Meatloaf w/ Onion Gravy; Mashed Potatoes; Banana; Summer Veggie Blend; Dinner Roll; Apple Juice | Chicken & Brown Rice; Sweet Peas w/ Red Peppers; Dilled Carrot Coins; Wheat Bread; Fresh Fruit | Chicken Chili w/ Corn Bread; Brown Rice; Capri Vegetables; Banana |
| 4/15 | 4/16 | 4/17 | 4/18 | 4/19 |
| Peppered Swiss Steak w/ Mashed Potatoes; Lima Beans; Wheat Bread; Fresh Fruit; Apple Juice | Chicken & Dumplings; Glazed Carrots; Wheat Roll; Chopped Broccoli; Pudding; Banana | Cabbage Casserole w/ Beef; Brussels Sprouts; Apple Cobbler; Texas Toast; Fresh Fruit | Chicken Leg; Lima Beans; Sweet Potatoes; Orange; Apple Juice; White Bread | Hamburger w/ Lettuce.Tomato; Mustard & Bun; Summer Vegetable Blend; Pineapple Crisp |
| 4/22 | 4/23 | 4/24 | 4/25 | 4/26 |
| Chicken Parmesan w/ Spaghetti; Green Beans; Orange Juice; Fresh Fruit; Sourdough Bread | Beef Pot Pie w/ Texas Toast; Yellow Squash; Broccoli & Carrots; Cranberry Juice; Orange | Pulled BBQ Pork w/ Bun; Mac & Cheese; Turnip Greens; Banana | Salisbury Steak w/ Brown Gravy; Spinach; Mashed Potatoes; Sourdough Bread; Orange; Cranberry Juice | Chicken Alfredo; Green Beans w/ Red Peppers; California Vegetable Blend; Wheat Roll; Orange |

ALL MEALS ARE SERVED WITH 2% MILK