



## FEBRUARY MENU - Food Runners Collaborative

**ALL MEALS ARE SERVED WITH 2% MILK**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/26	2/27	1/31 & 2/28	2/1 & 2/29	2/2 & 3/1
Smothered Chicken w/ Rice Carrot Coins Wheat Roll Fresh Fruit; Orange Juice	Beef Meatloaf w/ Brown Gravy Mashed Potatoes Brussels Sprouts Texas Toast; Banana	Smoked Sausage w/ Bun Coleslaw & Mustard Turnip Greens; Kidney Beans Fresh Fruit	Chicken & Dumplings Green Beans w/ Peppers Winter Blend Veggies Banana; Grape Juice; Roll	Beef & Broccoli Brown Rice Oriental Vegetables Wheat Bread; Orange
2/5	2/6	2/7	2/8	2/9
BBQ Pork Riblet w/ Bun Turnip Greens & Vinegar Navy Beans Orange	Chicken Leg Okra & Tomatoes Field Peas; Banana Sourdough Bread; Apple Juice	Beef Chili w/ Corn Bread Corn O'Brien Chopped Broccoli Banana; Orange Juice	Peppered Swiss Steak Spinach; Ranch Diced Potatoes Apple; Cranberry Juice Sourdough Bread	Alfredo Florentine Zucchini & Onions Cinnamon Apples Wheat Roll; Orange
2/12	2/13	2/14	2/15	2/16
HAPPY 50TH ANNIVERSARY WEEK TO US! Our first meals were served on February 12, 1974!!				
Turkey w/ Sweet Potatoes Green Beans; Wheat Roll Banana; Apple Juice Vanilla Pudding	Honey Glazed Ham w/ Apple Sauce Mashed Potatoes; Carrots Banana; Grape Juice Sourdough Bread	Pulled Pork Mac and Cheese Side BBQ Beans Coleslaw; Corn Bread	Chicken Breast w/ Gravy California Blend Veggies Au Gratin Potatoes; Roll Cranberry Juice; Apple	Pasta Primavera w/ Stewed Tomatoes; Italian Bread Italian Vegetables Orange Juice; Apple
2/19	2/20	2/21	2/22	2/23
Salisbury Steak Rice Pilaf; Grape Juice Spinach Au Gratin Orange; Wheat Roll	Chicken w/ Brown Rice Dill Carrots; Banana Cauliflower & Red Peppers Cranberry Juice; Wheat Bread	BBQ Pork on Bun w/ Slaw Au Gratin Potatoes Green Beans Apple	Beef Stew w/ Rice Chopped Broccoli Apple Juice Banana; Wheat Roll	Chicken Leg; Orange Yams w/ Pineapple Peas & Mushrooms Wheat Bread; Pineapple Juice

**\*\*\* Items containing seafood are printed in red \*\*\***