



**ALL MEALS
ARE SERVED
WITH 2%
MILK**

September Menu

Please reserve your meal in the Kiosk before 12pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/4	9/5	9/6	9/7	9/8
Closed for Labor Day	Orange Glazed Chicken Breast CA Blend Veg Navy Beans; Fresh Fruit Sourdough Bread	Chicken Fettucini Alfredo w/ Broccoli Peas & Pearl Onions Carrot Coins Dill Orange; Wheat Roll	Beef & Broccoli w/ Brown Rice Oriental Vegetable Mix Fresh Fruit; Apple Juice Wheat Bread	Beef Stuffed Pepper Casserole Spinach Apple; Peach Crisp Wheat Bread
	9/11 - Never Forget	9/12	9/13	9/14
Beef Stroganoff Broccoli; Apple Glazed Carrots Sourdough Bread	Chicken Breast w/ Southwest Sauce Yellow Squash Blackeyed Peas; Wheat Roll Lemon Pudding; Fresh Fruit	Spaghetti w/ Ground Beef Italian Vegetables Apple Cobbler; Italian Bread Orange; Cranberry Juice	Rotisserie Chicken Broccoli w/ Cheese Sauce Mashed Potatoes Banana; Sourdough Bread	BBQ Pork Riblet Sandwich Mac & Cheese Mustard Greens w/ Vinegar Fresh Fruit; Grape Juice
9/18	9/19	9/20	9/21	9/22
Chicken Parmesan Capri Vegetables; Wheat Roll Lentils w/ Spinach Fresh Fruit; Orange Juice	Beef Meat Loaf Spinach; Wheat Bread Potatoes, Onion & Mixed Peppers Banana; Apple Juice	Brunswick Stew (Pork & Chicken) Rice; Glazed Carrots Rice; Wheat Roll Butterscotch Pudding; Apple	Hamburger w/ Lettuce & Tomato Brussels Sprouts Yams & Pineapple Fresh Fruit	Baked Chicken Leg Squash Casserole Broccoli & Carrots Banana; Sourdough Bread
9/25	9/26	9/27	9/28	9/29
BBQ Pork Sandwich & Green Beans w/ Red Au Gratin Potatoes Fresh Fruit	Chicken Pot Pie Carrot Coins w/ Dill Field Peas; Sourdough Bread Fresh Fruit	Peppered Beef Swiss Steak Sweet Potatoes Spinach; Wheat Roll Banana; Grape Juice	Beef Ravioli Zucchini Medley Peach Crisp; Orange Wheat Bread	Chicken & Rice Casserole w/ Carrots Apple Raisin Compote Green Beans; Banana Sourdough Bread

Item Descriptions

California Blend- Broccoli, Cauliflower, Carrots

Oriental Veg Mix-Broccoli, Green Beans, Carrots, Onions, Mushrooms, Red Peppers

Stuffed Green Pepper Casserole- Ground Beef, Rice, Mixed Peppers, Brown Gravy

Beef Stroganoff- Ground Beef, Egg Noodles, Sour Cream, Brown Gravy

Southwest Sauce- Corn, Black Beans, Tomatoes, Cumin Cream Sauce

Italian Vegetables- Zucchini, Cauliflower, Lima Beans, Italian Green Beans

Capri Vegetables- French Cut Green Beans, Carrots, Zucchini, Squash

Brunswick Stew- Pork, Chicken, Beef, Lima Beans, Corn, Potatoes, Tomatoes

Squash Casserole- Yellow Squash, Stuffing Mix w/ Seasoning

Chicken Pot Pie - Chicken, Potatoes, Green Beans, Corn, Lima Beans, Carrots