

NOVEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	FRIDAY	FRIDAY
10/31 - 11/28	11/1 - 11/29	11/2 - 11/30	11/3 - 12/1	11/4 - 12/2	WEEKEND MEALS	
Loaded Salad w/ Chicken & Croutons; Light Dressing; Fruit; Pita Bread	Pulled Pork w/ Yellow Rice; Broccoli; Fruit Salad; Yeast Roll	Chicken Alfredo w/ Peas; Pineapple; Breadsticks	Beef Stir Fry w/ Mixed Vegetables; Noodles; Fruit Side; Bread	Turkey & Cheese Sandwich on Wheat ; Potato Salad; Fruit	Baked Chicken w/ Yellow Rice; Black Eyed Peas, Green Beans & Potatoes	
Special	Special	Special	Special	Special		
Salad w/ Chickpeas; GF bread	BBQ Jackfruit; GF bread	GF Pasta Alfredo w/ "Chik'n"; GF bread	Vegetable soup w/ Beyond "Beef"; Potato; GF Crackers	Meatless Meatball Subs on GF bread	Egg Salad Sliders w/ Shredded Carrots; Fruit	
11/7	11/8	11/9	11/10	11/11	WEEKEND MEALS ** ON THURSDAY **	
Grilled Beef Sausage w/ Peppers & Onions; Slaw & Bun; Pineapple; Baked Beans	Apple & Pecan Chicken Salad Sandwich on Croissant; Peas & Carrots; Baked Apples	Turkey & Ranch Pasta Salad w/ Tomatoes & Zucchini; Corn; Pears	BBQ Meatballs w/ Broccoli & Rice; Fruit Salad; Pork n Beans	THANK YOU FOR YOUR SERVICE! CLOSED TO HONOR OUR VETERANS	Hamburger Pasta Bake; Roll; Broccoli; Baked Apples	
Special	Special	Special	Special		Salisbury Steak; Green Beans & Sweet Potatoes; Rice	
Beyond "sausage" w/ peppers & onions	Chickpea Salad on GF Bread	Black Bean Burrito Bowl w/ Rice; Fruit; GF Shells	BBQ Beyond "Meatballs"			
11/14	11/15	11/16	11/17	11/18	WEEKEND MEALS	
Smothered Chicken w/ Wild Rice; Greens; Mashed Sweet Potato ; Cornbread	Chilli w/ Turkey; Mandarin Oranges; Baked Potato; Mixed Vegetables	Baked Beef Spaghetti; Green Beans; Broccoli; Cheese Bread	Meatloaf w/ Mac & Cheese,; Carrot & Mashed Potatoes; Apples	Salmon w/ Roasted Corn Salad; Fruit; Green Beans; Yellow Rice	White Bean & Chicken Chilli w/ Peppers & Onions; Broccoli; Corn Bread	
Special	Special	Special	Special	Special		
Pasta Primavera; GF Bread	Vegetarian Chilli; GF Bread	Marinara w/ Beyond "Beef" & GF Spaghetti	Vegetable Loaf w/ FG Mac & Cheese	"Chik'n" Patty w/ Lettuce & Pickle on GF Bread; Potato Salad; Apples	Dinner Quiche w/ Spinach & Tomatoes; Fruit; Biscuit	
11/21	11/22	11/23	11/24	11/25	WEEKEND MEALS ** ON WEDNESDAY **	
Stuffed Peppers w/ Ground Beef & Rice; Carrots; Butter Beans	Roast Beef w/ Mashed Sweet Potatoes; Fruit; Cornbread; Greens	Pulled BBQ Chicken Biscuit; Broccoli; Pineapple; Potatoes	CLOSED FOR THE THANKSGIVING HOLIDAY	HAPPY NATIVE AMERICAN HERITAGE DAY! CLOSED	Chilli Stuffed Bell Peppers w/ Rice; Corn Bread	
Special	Special	Special			Shepherds Pie w/ Peas & Carrots; Roll	
Vegetarian Stuffed Peppers w/ Beyond "Beef" & Rice	Sloppy Veggie Joe; Mixed Vegetables; Baked Apples	Eggplant Parmesan w/ GF Pasta; GF Roll				

***** Items containing seafood are printed in red *****

Please reserve your meal using the check in kiosk!