



JULY, AUGUST & SEPTEMBER MENU



TUESDAY	TUESDAY	THURSDAY	THURSDAY	THURSDAY
8/2	8/2	8/4	8/4	8/4
BBQ Chicken w/ Roll	Ham & Cheese	Turkey Stuffed Peppers	Shrimp & Grits	Pot Roast w/ Rice
Mac & Cheese	Macaroni Salad	Glazed Carrots	Garlic Bread	Carrots, Celery and Onions
Green Beans & Slaw	Lettuce & Tomato; Pickles	Roll	Spring Mix Salad	Roll
7/5 - 8/9 - 9/6	7/5 - 8/9 - 9/6	7/7 - 8/11 - 9/8	7/7 - 8/11 - 9/8	7/7 - 8/11 - 9/8
Baked Chicken w/ Slaw	Tuna & Egg Salad Sandwich	Sliced Turkey w/ Cranberry Sauce	Grilled Pork Chop w/ Rice	Country Style Steak w/ Grilled Onions
Mac & Cheese	w/ Pickle	Collards	Green Beans	Peas; Rice & Gravy
Green Beans; Roll	Peaces	Yams; Roll	Fried Apples	Roll
7/12 - 8/16 - 9/13	7/12 - 8/16 - 9/13	7/14 - 8/18 - 9/15	7/14 - 8/18 - 9/15	7/14 - 8/18 - 9/15
Ground Turkey Tacos	Turkey Bacon, Lettuce & Tomato	Meatloaf w/ Roll	Vegetable Pasta	Grilled Chicken w/ Rice Pilaf
Black Bean & Corn Mix	Fruit	Mac & Cheese	Garlic Bread	Pea & Carrot Mix
Purple Cabbage Slaw	Pickles	Broccoli	Garden Salad	Roll
7/19 - 8/23 - 9/20	7/19 - 8/23 - 9/20	7/21 - 8/25 - 9/22	7/21 - 8/25 - 9/22	7/21 - 8/25 - 9/22
Sliced Ham w/ Roll	Turkey & Cheese Sandwich	Chicken Pastry w/ Yams	Chickpea Tacos	Beef Tips over Rice
Collards & Corn	Macaroni Salad	Collards	Black Bean/Corn Mix	Mixed Veggies
Pineapple	Pickle	Roll	Pepper & onions	Rolls
7/26 - 8/30 - 9/27	7/26 - 8/30 - 9/27	7/28 - 9/1 - 9/29	7/28 - 9/1 - 9/29	7/28 - 9/1 - 9/29
Grilled Turkey Patty	Chicken Salad Sandwich	Country Style Steak w/ Rice	Vegetable Pasta Alfredo	Smoked Sausage w/ Peppers & Onions
Green Beans	Broccoli Salad	Onions	Garlic Bread	Corn Bread
Grilled Onions & Rice	Lettuce & Tomato; Pickle	Beets	Spring Mix Salad	Cabbage