



JULY, AUGUST & SEPTEMBER MENU

MONDAY	MONDAY	MONDAY	THURSDAY	THURSDAY	THURSDAY
7/4 (CLOSED) - 8/1 - 9/5 (CLOSED)	7/4 (CLOSED) - 8/1 - 9/5 (CLOSED)	7/4 (CLOSED) - 8/1 - 9/5 (CLOSED)	7/7 - 8/4 - 9/8	7/7 - 8/4 - 9/8	7/7 - 8/4 - 9/8
Cranberry & almond chicken	Baked chicken w/ mac n cheese	Italian pasta salad w/ cukes,	Chicken alfredo w/ broccoli	Greek Salad	Beef casserole w/ spinach,
Greens w/ croutons	Baked apples	chickpeas & tomato	Peaches; Roll	Peaches	tomato & cheese; roll
Macaroni salad; peaches	Roll	Tropical fruit; roll	Green Peas	Cheese bread	Green beans; fruit
7/11 - 8/8 - 9/12	7/11 - 8/8 - 9/12	7/11 - 8/8 - 9/12	7/14 - 8/11 - 9/15	7/14 - 8/11 - 9/15	7/14 - 8/11 - 9/15
BBQ turkey meatball sub	Turkey & Cheese Sandwich	Shrimp Alfredo	Hamburger pasta bake	Salmon w/ Brown Rice	Ranch Pasta Salad
Roasted vegetables	Mixed vegetables	Broccoli & Carrots	Peas & carrots	Collards & potatoes	w/ cucumbers & tomatoes
Rice; peaches	Baked apples	Grapes; Roll	Bread; fruit	Mixed berries	Mango; bread
7/18 - 8/15 - 9/19	7/18 - 8/15 - 9/19	7/18 - 8/15 - 9/19	7/21 - 8/18 - 9/22	7/21 - 8/18 - 9/22	7/21 - 8/18 - 9/22
Grilled Chicken Salad	Chicken spring rolls w/ cabbage	Vegetarian lasagna	Hamburger steak w/ onions	Chicken parmesan	Burrito casserole
w/ Cucumber, Tomato & Eggs	Lo mein noodles	Mixed grapes	Green beans & rice	w/ noodles & broccoli	w/ black beans, tomatoes
Mixed fruit	Mixed vegetables	Roll	Fruit; bread	Mixed fruit; roll	Tortilla strips; pineapple
7/25 - 8/22 - 9/26	7/25 - 8/22 - 9/26	7/25 - 8/22 - 9/26	7/28 - 8/25 - 9/29	7/28 - 8/25 - 9/29	7/28 - 8/25 - 9/29
General Tso's chicken	Ground turkey tacos	Rotisserie Chicken Salad	Sausage & Spinach Quiche	Spanish Chicken Casserole	Chicken Pot Pie
Stir fry vegetables	Lettuce, salsa & cheese	Potato Salad; Carrots	Biscuit	Black Beans & Rice	Potato Salad
Rice; roll	Red beans & rice	Tropical Fruit	Baked apples	Tropical Fruit	Fruit
8/29	8/29	8/29	9/1	9/1	9/1
Meatloaf w/ Roll	Chicken Wrap	Vegetable Stir Fry	Shepherd's pie w/ beyond beef	Corn, cheese & marinara	Baked ziti & smoked sausage
Mac & Cheese; Zucchini	Carrots	Tofu	Peas & carrots; mashed potatoes	casserole w/ rice	Zucchini & squash
Baked Apples	Mixed Berries		Baked apples; bread	Spinach; peaches; roll	Fruit; bread