

SEPTEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/29	8/30	8/31	9/1	9/2
Chicken Enchiladas	Smoked Turkey & Cheese on Wheat	Bella Burger on Bun	Pork Dumplings w/ Cabbage	Hamburger Pasta Bake
Bean & Corn Salsa	Potato Salad	Cantaloupe	Noodles	Broccoli; Roll
Cantaloupe	Pineapple	Corn	Broccoli	Pears
Special	Special	Special	Special	Special
Bean Burrito Bowl w/ Rice	Vegetarian deli on GF bread	Beyond Cheese" Burgers"	Loaded Salad w/ Chickpeas	Meatless "Beef" Spaghetti
Fruit; Corn Tortillas	Potato Salad; Pineapple	Cantaloupe; Corn	Oranges; GF Bread	Broccoli; GF Roll
9/5	9/6	9/7	9/8	9/9
CLOSED	Cabbage Roll Casserole	Beef Lasagna w/ Spinach	All Beef Sausage w/ Slaw & Bun	Chicken Salad w/ Apples & Pecans
IN RECOGNITION	w/ Beef & Peppers	Broccoli	Peppers & Onions	on Croissant
OF	Bread; Apples	Dinner Roll	Pears; Rice	Carrots; Baked Apples
LABOR	Special	Special	Special	Special
DAY!!!	BBQ "Chik'n" w/ Peas & Carrots	GF Spinach & Cheese Pasta	Beyond "Sausage" w/ Slaw & Bun	Chickpea "Chik'n" Salad on GF Bread
	Apples; Rice	Broccoli; GF Bread	Pears; Rice	Carrots; Baked Apples
9/12	9/13	9/14	9/15	9/16
Turkey & Ranch Pasta Salad	BBQ Meatballs w/ Roll	General Tso's Chicken w/ Rice	Grilled Shrimp	Baked Ziti w/ Meat Sauce
Squash & Zucchini	Broccoli; Rice	Broccoli & Peppers	Rice; Squash	Broccoli; Roll
Bread	Fruit Salad	Bread	Pineapples	Apples
Special	Special	Special	Special	Special
Black Bean Burrito Bowl	BBQ Beyond "Meatballs"	Vegetable Stir Fry w/ Walnuts	Beyond "Sausage" w/ Slaw & Bun	GF Vegetarian Ziti
w/ Rice; Lettuce & Tomato	Broccoli; Rice	Rice; Fruit; GF Bread	Pears ; Rice	Broccoli; GF Roll
9/19	9/20	9/21	9/22	9/23
Pesto Chicken Pasta Salad	Roast Beef w/ Rice	Pulled BBQ Chicken	Salmon w/ Roasted Corn Salad	Oven Fried Chicken
Summer Vegetables	Asparagus	Yellow Rice; Broccoli	Fruit; Roll	Zucchini & Rice
Watermelon; Bread	Fruit; Roll	Pineapple; Roll	Green Beans	Fruit; Roll
Special	Special	Special	Special	Special
Stuffed Peppers w/ Beyond "Beef"	Vegetarian Sloppy Joe w/ GF Bread	Eggplant Parmesan w/ GF Pasta	"Chik'n" Patty Sandwich; GF Bread	"Chik'n" Cutlet
Rice; Carrots	Mixed Vegetables	Zucchini; GF Bread	Potato Salad	Zucchini & Rice
9/26	9/27	9/28	9/29	9/30
Ravioli	Butter Chicken w/ Rice	Pesto Chicken Pasta	Mesquite Grilled Chicken	Southern Style Chicken Sandwich
Green Beans; Fruit	Plantains	Carrots; Bread	Mashed Sweet Potatoes	on Wheat Bread
Garlic Bread	Cabbage	Cantaloup	Rice; Apples	Potato Salad; Apples
Special	Special	Special	Special	Special
GF Cheese Ravioli	Curry Chickpea w/ Rice	Pesto GF Pasta w/ "Chik'n"	BBQ "Chik'n" w/ Rice	Chik'n Patty Sandwich
Green Beans; Fruit	Peas; Plantains	Carrots; Bread	Mashed Sweet Potatoes	Potato Salad; Apples