

Spring 2021

Meals on Wheels of Wake County Receives Generous Grant

In December 2020, philanthropist MacKenzie Scott announced that she would be donating over \$4.8 billion to more than 300 nonprofit organizations doing community-based work.

The Board of Directors of Meals on Wheels of Wake County are pleased to announce that the agency is included among these organizations and has received a \$1.5 million grant from MacKenzie Scott.

“We are incredibly grateful for this generous grant from MacKenzie Scott, which will make a vast impact on homebound seniors facing food insecurity in Wake County. Our team is eager to get to work on reviewing our existing program, which could be expanded in new and innovative ways through the proceeds of this grant.” stated MOW Board President Catherine Wood.

This transformative opportunity comes at a fitting time. The Board and staff are working on a plan of work in preparation for Meals on Wheels of Wake County’s 50th Anniversary in 2024.

According to AARP and Meals on Wheels of America, North Carolina ranks as one of the top ten states nationally in senior hunger and isolation, with over 20% of seniors facing food insecurity, and over 25% living alone. This grant comes at a critical time for seniors in Wake County, who now face additional obstacles due to the COVID 19 pandemic.

The Board of Directors and staff will meet throughout the spring to determine the best use for the funds, and to develop a plan for the agency to meet the great need in our state. We look forward to sharing updates with you during the next few months.



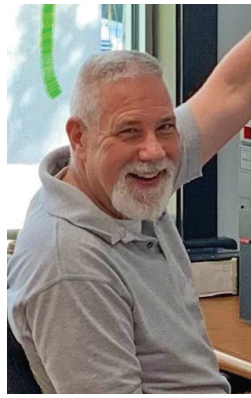
MOW is thrilled to announce that our dining room clients at St. Saviour’s on Tucker St. can go right across the street to pick up a hot, delicious lunch from Southern Charred Restaurant on Glenwood Ave every Monday and Thursday! Generous donor support has enabled MOW to partner with local restaurants to feed clients fresh and nutritious food from small businesses. Pictured are clients Alice and Diane getting ready to head home to dig into their Southern Charred lunches.

MOW is grateful to the following foundations and businesses for their recent support:

- Lutheran Family Services NC/Searstone - \$55,000
- Clay Foundation East - \$30,000
- Tom and Pat Gipson Fund 2020-2021 at Triangle Community Foundation - \$21,000
- Yardi Systems - \$20,000
- Nancy Wright Foundation - \$15,000
- Bailey Endowment - \$10,000
- Cii Tech Solutions - \$5,200
- First Citizens Bank and Trust - \$5,000
- First Horizon - \$5,000
- Nivison Family Foundation - \$5,000
- Seby Jones Family Foundation - \$5,000
- Cornerstone Advisors - \$5,000
- Wyrick, Robbins, Yates, and Ponton - \$5,000

**Meals on Wheels of Wake County
recognizes these memorial
donations given from
10-16-2020 to 2-15-2021**

"T" Thompson
Aggie "The Miss" Daughtry
Alex Martin • Amy Tortorella
Ann Relick • Ann Webb
Arlene May Turner
Augusta Hamilton and
Colin Dixon McLeod
Bella Rose Diaz • Betty Semones
Billy Timberlake
Bob & Martha Garrison
Bob Lafater • Boyd Pittman
Carl and Angela Vasselli
Carmelo Iacone • Carolyn Owen
Carolyn Vargas • Catherine Corleto
Cathryn Scott • Celine Leblond
Chad D Goins
Charlotte Herring Swart
Chrisana J Richert
Christian Williams
Clarice Boykin Lawrence
Claudia Kay • Cliff Willcoxon
Clifton Atkinson • Conrad James
Cruz Soto • Daisy Prince
Daphne Eaton • David Nelson
Deacon Pauline Tucker
Debbie Peck • Dixon McLeod
Donna Rae Bevelacqua
Doris Moses • Dot Hoover
Dr. Joseph B Currin
Ed Matulevich • Edith Steinfeld
Edythe Chamblee • Ella Terry
Ellen Shimchock • Elmer Morgan
Eloise H. Iddings
Emily Reed • Evelyn Deweese
Frances Augenfeld
Fred Barber • Gary Sample
Gerald Katzin • Gladys Bonilla
Gordon V. Sherwood
Henry Wirwicz • Holly Bassett
Irving Mollen • Jacob Keepees
Jane Wands Guerrerri
Joan Dickerson
Joe and Marvie Davis
John Crotsley • John F. Mellin
Johnnie "J.B." O'Neal
Joyce Abernethy
Joyce Oliver • June Goodoff
Kanta Ben • Kim Tek Ng
LaNelle Norsworthy
Leonard Tilley • Lillie Farmer
Lin & Faye Shehdan
Louise Farrar • Louise H. Wilkerson
Loyal Ross • Lucy Nipper
Lydee Moreau • Lydia Cabatana
Lynn Hughes Tudor
Mabel Sharbanee
Mami Aleida • Mamie Corprew
Maria Cristina Hartmann
Marie Vassallo
Marilyn Amundsen
Marilyn Murphy and Charlie Miller
Marjorie Kuehle
Martin Luther King Jr.
Mary Ann Hanson • Mary Chandler
Mary Frankl
Mary Jane Weathers
Mezora Hicks • Michael Hegedus
Mike Sanders • Miriam P Block
Mother and Daddy
Mrs. Sulochana • Nettie Cumbow
Pearl Wilson Smith • Penny Richards
Percy and Naomi Leak
Polly Flowe • Ray Lichtner
Robert Finnely • Robert Pollard
Ronald Aguiar • Ronald Willett
Rudy Williams • Ruth A Howard
Ruth Barnett • Sadie Glover
Sam Mahood • Sandra Brennan



A Message of Gratitude from the Executive Director

Alan Winstead

We all celebrate anniversaries in our personal lives, and Meals on Wheels likewise celebrates anniversaries in its corporate life. People who study and reflect on human behavior, including Mircea Eliade (a historian of religions at the University of Chicago for much of the twentieth century), argue that humans universally differentiate time and space to imbue special meaning to certain events that mark important milestones.

All of us are marking one year of living with COVID 19. We all have modified how we work and live over the last twelve months. As we at Meals on Wheels have revamped our program since last March, the fundamentals remain the same. Our volunteers continue to help us deliver meals and connect with our senior neighbors. Our participants continue to welcome us to their front porches as well as into their homes with phone calls. Our donors continue to support us so that we can serve new people, deliver more food, and provide additional connections.

February also marks the month that Meals on Wheels delivered our first meals in 1974. Our roots in this community attest to our resiliency. We build on our strong history to meet the current needs and to plan for the future. We owe a debt of gratitude to those forward thinking community leaders who came together and turned a good idea into a thriving organization with a meaningful mission. For more than four decades, we have benefitted from dedicated volunteers, generous donors, committed staff, and incredible participants.

As we—individually and collectively—go forward, we will continue to mark many events in our lives. We undoubtedly will continue to recall both of these milestones for many years to come.



This February, our congregated clients received fresh eggs from Pine Knot Farms, of Hurdle Mills NC. In 1996 Pine Knot Farms became the first African-American owned farm to be certified organic. Stanley Hughes is a third generation African-American farmer who owns Pine Knot Farms with his wife, Linda Leach- the farm will enter its 109th year of operation this year. We are thrilled to support businesses like Pine Knot Farms through your generous support of our program, and to serve their amazing food to our clients!

Love through the Ages



Nancy and Anthony on their wedding day, and present day.

Nancy and Anthony first met by chance on Orchard Beach, NY. They were married in the summer of 1951 in an elegant ceremony full of flowers and friends. Their love is apparent from the big smiles and bright eyes in their wedding photos. 2021 marks their 70th year of marriage, a lifetime of love and happiness.

Shirley and Harold met in Rocky Mount. He was the pastor at a local church and she worked at a bank. After the first time Harold saw Shirley he found the Deacon of her church to ask what he knew about her, insisting that "One day he'd marry her." Sure enough, not long after, they were married at his church on December 26, 1960. This year they will celebrate 61 years of marriage.

Betsy and William met in 1949. William asked Betsy to marry him several times before she accepted- she said she wanted more time to make sure she knew what she was getting into! In 1955 she knew for certain that they were meant to be. This year will be their 66th wedding anniversary.

Throughout their many years together Nancy and Anthony, Shirley and Harold, and Betsy and William have each had their share of health challenges. Like so many couples, they have had to make difficult adjustments to their lives in order to accommodate many challenges. Their love for each other created a strong foundation for them to handle these problems, they just needed some extra help.

That is where MOW came in. Our services ensure that the 1,400+ seniors we serve (including 132 couples like these) are never left wondering how they will feed themselves, or if they will be left isolated from their communities. Much like the unwavering love and care that these elderly couples have had for one another, Meals on Wheels of Wake County will always be there to care for any senior who is in need.

Helping Clients Feed their Furry Family



Sheeba came into Willie's life in 2014. Willie's wife had recently passed away and his granddaughter wanted him to have a companion. She decided to rescue a Chihuahua Miniature Doberman mix to give to her grandfather, so that he would feel less alone. According to Willie's daughter, Denise, Sheeba immediately took onto Willie "like icing on a cake!" They have been inseparable ever since. When Meals on Wheels of Wake County delivers Willie the meals that he needs, we make sure we don't forget Sheeba either. Thanks to the generosity of the SPCA of Wake County, Sheeba receives donations of her favorite pet food.

There are so many seniors in Wake County, like Willie, who are in need of food not only for themselves, but for their beloved pets. For the 1 in 4 seniors who live alone, pets provide a vital source of love and companionship. For some clients their pets are the only family they may have. Meals on Wheels of Wake County staff and volunteers currently deliver pet food to over 317 clients with cats, dogs, and birds. Thanks to the support of Meals on Wheels of Wake County and The SPCA of Wake County these senior pet owners are able to feed themselves and their furry family members.

Sandra Willis Barkley
Sarah Mayer • Shirley Sledge
Srilal Ariyadasa
Stanislaw Grzybowski
Stephen Cochran • Steve Campbell
Teresa Jones
Tommy and Valentina Harrill
Tracy Carr • Tricia DeSimone
V. C. and Edith Medlin
Walter Richards
Walter Richardson
Wilbert Joyner, Sr
William (Bill) and Jessie Ferrall
William B. and Mildred L. Nivison
William Cohen • William M Teague

HONORARY DONATIONS

Allen Bizub • Allison Houck
Amelie Leng • Amy and Chris Barrett
Ann Relick • Annalee Anderson
Annette Lindsey • Audrey Edmisten
Barbara Mye • Barbara Thomas
Bernie Sanders • Betsy Burnett Benning
Betsy Greeson • Betsy Neal
Betty Eury • Betty Lyles
Bill and Brenda Taylor
Bill and Margaret Jordan
Brent H. Young • Carl Iacone
Carlene Galvin Harris
Carmelo Iacone • Carol Finley
Cathy Rosebaugh-Jennings
Christina Terrell • Cully Culnon
Daniel Raybon • David Bigsby, OD
David Flood and Peter Behrens
David Nelson • Derwin Holland
Diane and Sid Aldridge • Dick Reece
Dora Jane Dragseth • Dubba Lucas
Ed and Cathy Barrows
Ed McCallum • Eric Terjesen
Evelyn Gurley • Frances Gill
Freeman Family
Frontline Healthcare Workers
Garnet Bass
George and Linda Crittenton
Georgia Kebschull
Glen and Glenda Mann
H. Richard Cline • Hayden Constance
HBBC MOW Volunteers
Ina Simpson • Jane Brown
Jean Williams • Jeanne & Bill Cox
John Michael and Lizzie G Allio
Julie Keely • Karen Edwards
Kathie Kalmowitz • Kathryn Jackson
Kathryn Kearns • Kathryn Zakrajsek
Kathy Boyd and Travis Payne
Kemper and Roberta Watson
Ken and Esther Prevatt
Kristin Goddin
Kyle & Meg Brady
Kyle and Luke Konst
La Rue Pollard • LaRhe & Jim Spell
Laura and Brett Bolte
Lewis and Rachel Tager
Linda and Tim Berry
Lutie and Jac Cain
Machaela Netzley • Mathilda Tucker
Mr. and Mrs. Bruce Hartwig
Pablo Ribadeneira
Patricia and Kenneth Miller
Phyllis Mayo • Randy Rutledge
Rebekah and Canaan Lentz
Richard Garrison
Robert and Pat Jenkins
Robert Garrison III • Robert Lacin
Robin and Greg Morris
Ron and Marilyn Madsen
Rose Auman and Susan Tillotson
Sandra Brummeyer
Sara Rodden • Sarah Booth
Sarah Taylor • Stuart Bradley
The Kirchner Family • The Sukhus
William Frasco



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www.wakemow.org

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Instagram @wakemow

CHANGE SERVICE REQUESTED

Volunteers Needed!

Volunteers will pick up from both our Blair Drive and Saint Andrew's locations and will deliver:

**FROZEN MEALS
EVERY TUESDAY & THURSDAY
PICKUPS SCHEDULED FROM 10AM-1PM**

Volunteers will pick up meals curbside and must:

- Bring a cooler to store meals during delivery
- Wear a mask at all times, social distance from clients
- Notify our office if a client is not home for delivery

Those new to volunteering can submit an application at
www.wakemow.org

Previous volunteers can reach out to:

Blair Drive: brenda@wakemow.org

North Raleigh: northraleigh@wakemow.org

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"It was a delicious meal, and I especially enjoyed the purple cabbage- it's the first time I've ever eaten purple cabbage! It was very, very good- in fact, the whole meal was, and I just wanted to say thank you."

**VOICEMAIL FROM A
MEALS ON WHEELS OF WAKE COUNTY CLIENT**

State Employees Combined Campaign donor
option number for Meals on
Wheels of Wake County — **1820**

Combined Federal Campaign donor option
number for Meals on Wheels
of Wake County — **59456**